Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 00:00 on Friday 08 Jul 2022 until 23:59 on Saturday 09 Jul 2022

Forecast Issued on Thursday 07 Jul 2022 at 10:01 by Met Office Aberdeen

Confidence: Generally high confidence through the period. Some uncertainty with timing of any rain later on Saturday. Details of low cloud height and extent is also low confidence.

Headline for Friday 08 Jul 2022: Dull and damp start. Drier and perhaps brighter later. Strong to near-gale westerly winds.

Mountain weather hazards on Friday 08 Jul 2022

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
Low Likelihood

Severe chill effect
No Likelihood

Poor visibility
High Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Low Likelihood

Weather and chance of precipitation at 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Light rain	Light rain	Light rain	Drizzle	Mist	Cloudy	Cloudy	Fog
Precipitation probability							
50%	50%	40%	30%	10%	10%	20%	20%

Forecast for Friday 08 Jul 2022

Weather: Dull and damp through the early hours and heading into the morning with outbreaks of rain or drizzle and widespread low cloud. Things will turn drier towards midday and with cloud breaking somewhat through the afternoon, a little brightness is possible; though on the whole, staying rather cloudy. Windy on the tops.

Chance of cloud-free hill tops above 800m: 10% until midday, 50% through the afternoon and evening.

Low cloud and visibility: Widespread low cloud through the early hours and into the morning with bases down to 400 m. Cloud will slowly lift and break during the day, but some low cloud persisting down to 600 or 700 m. Moderate visibility through the first part of the day due to rain and drizzle, and very poor within low cloud. Visibility trending towards good by midday away from any low cloud.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Friday 08 Jul 2022

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	26/32 W	24/30 W	25/30 SW	26/33 W	27/35 W	24/33 W	24/32 W	23/30 W	22/30 W
900	24/30 W	22/28 W	23/28 SW	24/32 W	26/34 W	24/32 W	24/32 W	22/29 W	21/29 W
600	17/23 SW	16/21 SW	17/22 SW	18/25 SW	19/27 W	18/27 W	18/26 W	15/22 W	14/21 W
300	5/21 W	3/19 W	4/19 SW	6/21 W	9/25 W	9/25 W	9/26 W	7/20 W	7/20 W
Glen	8/16 W	7/14 W	8/16 SW	10/19 SW	13/24 W	13/24 W	12/23 W	9/18 W	9/18 W

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	8/3	8/3	8/3	8/3	7/2	6/1	5/-1	4/-1	4/-1
900	9/4	8/4	8/4	8/4	8/3	7/2	6/1	5/0	5/-0
600	10/7	10/7	10/7	10/7	10/7	9/6	8/5	8/4	7/4
300	11/11	11/11	11/11	12/11	13/12	13/11	11/9	10/9	10/8
Glen	13/12	13/12	13/12	14/12	15/13	14/12	13/11	12/11	12/10
Freezing Level*	2500m	2200m	2200m	2100m	1900m	1700m	1900m	1800m	1700m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Wind strength on exposed tops gusting up to 10 mph stronger than values indicated, perhaps locally reaching gales at times.

Forecast for Saturday 09 Jul 2022
Weather: Cloudy through the early hours with a few overnight showers. Cloud tending to lift and break through the morning to leave a largely dry and at times bright period from mid-morning until mid-afternoon. Cloud will then build again later in the day with some outbreaks of rain during the late-afternoon or evening period. Breezy at height.

Maximum wind: Westerly, mean 25 mph gusting 35 mph.

Chance of cloud-free hill tops above 800m: 40% until mid-morning, improving 80% for a time, then 20% later in the afternoon or evening.

Low cloud and visibility: Occasional low cloud down to 600 m overnight and through the first part of the morning. This tending to become more isolated for a time with bases mainly above summits until later in the day. From late-afternoon or evening thicker cloud will move in from the west with bases down to 400 m. Visibility generally good, but moderate in evening rain and very poor within any low cloud.

Temperature: **Glens:** Plus 10 Celsius rising to plus 15 Celsius.
At 800m: Plus 6 Celsius rising to plus 10 Celsius.
Freezing level: Above summits.

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